

Key Dates

- Tuesday May 11
Year 10 Immunisations
- Wednesday May 12
VCE OED Ski Trip
Information Evening
- May 17 - 21 Year 10
Work Experience
- Friday July 16 Senior
School Ball
- August 9 - 13
'The Addams Family'
Musical Production

**ABSENCE
LINE**

5231 9888



Colac Secondary College acknowledges the Traditional Owners of Gulidjan Country, where we learn and teach.

The school pays respect to their Elders - past, present and emerging.

Principal's Report

Term 2 2021

We would like to welcome all students back to school for Term 2, 2021.

Can we especially welcome our new students to the College across all Year 7 -12 levels; we trust the move to our school is a pleasurable and rewarding experience both for yourself and your families. If you have any queries or would like to make an appointment to discuss any points in relation to your child's chosen pathway or learning, please do not hesitate to contact our general office or Year Level Manager.

ANZAC Ceremonies / Colac Secondary College

At 11:00am on Friday April 23, the Colac and District Schools held a special ceremony at the Colac War Memorial that commemorated the 106th Anniversary of the initial landing of our troops on the shores of ANZAC Cove in 1915, as well as the 55th Anniversary of the Battle of 'Long Tan' (Vietnam War) with a moving service, of which CSC students were prominent.

Significance of Anzac Day

The Anzac tradition - the ideals of courage, endurance and mateship that are still relevant today was established on 25 April 1915 when the Australian and New Zealand Army Corps landed on the Gallipoli Peninsula in what is now known as Turkey.

It was the start of a campaign that lasted eight months and resulted in some 25,000 Australian casualties, including 8,700 who were killed or died of wounds or disease.

The men who served on the Gallipoli Peninsula created a legend, adding the word 'Anzac' to the Australian and New Zealand vocabularies, and creating the notion of the Anzac spirit.

In 1916, the first anniversary of the landing was observed in Australia, New Zealand and England and by troops in Egypt. That year 1916, the 25th of April was officially named 'Anzac Day' by the Acting Prime Minister, George Pearce.

Now in 2021, 106 years after the ANZACs landed at Gallipoli.....we again remember.

The ANZAC Legacy

'May they all rest proudly in the knowledge of their achievement, and may we and our successors in that heritage prove worthy of their sacrifice.'

Lest We Forget.

During this important College occasion, a number of our 2021 College Student Leaders recited readings and poems, as well as performing songs that acknowledged the ANZAC legend and sacrifices made during our involvement in various world conflicts.



I would like to acknowledge the work of Emily Box and Kai Broomfield (CSC College Captains) who completed two readings; as well as Tom Hus, Jasmine Tippins and Tianna Beckett who performed the Australian National Anthem and two songs linked to the ANZAC legacy (The Last ANZAC and Lest We Forget).

This group of CSC student leaders were extraordinary in setting the tone for this significant school – community event.

Well done You did yourselves, CSC and the Colac community proud.

Principal's Report Continued

Members from Colac RSL and student leaders from schools across the district participated in this important ceremony, performing their roles in an outstanding manner.

Special thanks to Mr. Xavier Davis, Ms Penny Serle and her student group for organising and coordinating the music and PA for this significant college and community occasion.

Much appreciated.

Feedback from community members who were in attendance has been glowing in their praise of our students. Congratulations to all students and staff who willingly accepted this opportunity to assist with this remembrance service.



Student Uniform

Could I ask all students and parents to **fully support our College uniform policy**.

It is most important that students present in the best way possible, as good habits in relation to 'being employment ready' are shown to positively improve employment opportunities and future success.

The college will continue to administer a strong policy in relation to uniform, to support student development in relation to strong employment capacities. Thanks in anticipation.

Student testing events – NAPLAN

I would like to take this opportunity to mention students over the next month will be involved in some broad testing situations as part of the normal school day.

Both Year 7 and 9 cohorts will cover a series of sessions to complete NAPLAN testing in reading, writing and numeracy; which at times can be bit confronting, but this is a good chance to get an indication of your current progress.

Good luck with this process, enjoy the experience.

Scott Dellar
Executive Principal



Uniform Shop

- Tuesday to Thursday 3.15pm – 4.00pm
by appointment only
- Friday 8.30am – 4.00pm (please ring in advance)

We encourage parents / guardians to use our online shop:

<https://colac-sc.vic.edu.au/uniformshop>

Youth Summit

As part of one of our goals of connecting with the community, SRC were involved in a Colac Otway Digital Youth Summit. Our Yr10 facilitators: Mitchell Hall, Emily McCosh, Josie Robbins-Amatnieks and Annie Flaherty have done an amazing job with preparing for the summit (two training days) and running activities on the day.

Other student leaders were involved by providing ideas and thoughts throughout the day that will assist with the formation of the 2050 Colac Otway Community Visions

The benefits of the Youth Summit are:

- Student facilitators will develop skills and have experience in facilitation and design thinking.
- All participants will develop an understanding of design thinking and contribute to the future planning and design making in all areas of council activity in their local community.
- Schools will be able to utilise the skills of the young people trained as facilitators for other visioning or project design work within the school setting.
- Students will gain an understanding of council planning processes and how to have a say in future council developments.

The outcomes of the Youth Summit are:

- Young people may have the opportunity to further scope their thoughts and ideas into project planning and delivery.
- Colac Otway Shire will have access to the voices of young people within the Colac Otway area and will utilise the information to inform the 2050 Colac Otway Community Vision.
- There are small amounts of funding available to support the further development of the ideas gathered through this summit.
- The Department of Families, Fairness and Housing will include the information gained in a local blueprint that will include the results from 10 summits being held across western Victoria.



Triathlon

In Term 2, students across all year levels have been given the opportunity to participate in a triathlon.

It involves students going through a 5 week training program organised by Triathlon Victoria to prepare them for the event. Students so far have successfully completed a swim and a bike training session.

This is an opportunity for students to improve on their fitness levels and set a personal challenge in the triathlon.



Girls Football

On Monday May 3, two teams represented CSC in the Coastal Girls Football Competition at Central Reserve. There was a Junior Team and an Intermediate Team. Even though the girls didn't come away with a win in either game all players tried their very best right through to the final siren. Goal Kickers for the Junior game were Amber, Leah and Arabella; and for the Intermediate game, Annie.

Well done to everyone who played.



Clay Target Competition



Congratulations to Lara Taylor (Yr 7) for coming Runner Up in the Junior Girls Clay Target Competition, held recently at the Colac Gun Club. It was a fantastic day where students showed great skill and maturity.



Lorne Excursion

On Wednesday April 28, nine Learning Support Students and Mr Dellar, Mr Davis and Miss Francis went to Lorne for the day.

When we got to Lorne we went for a walk along the beach and the park and had a play on the swings and things. We got back into the bus and we drove to a walking track. It was beside the river and very steep and rocky.

We went back to Lorne and had Fish and Chips for lunch on the foreshore. We went to the Pier and saw 2 Stingrays. We went back to the bus and headed back to Colac. We had a great fun day.

Thank you to Mr Dellar, Mr Davis and Miss Francis for taking us to Lorne.



Coastal Athletics

A large number of students competed in the Coastal Athletics Competition at Trinity College on Tuesday April 27.



The Addams Family Camp

The cast of the 2021 School Production "The Addams Family" attended a two day camp. The first day was held at CSC and the second day was held at the Red Door Dance Studio.

The focus of the camp was team building activities and rehearsals.



The Addams Family
A-NEW MUSICAL COMEDY

Colac Secondary College
Presents
'The Addams Family'
August 9th - 13th
SAVE THE DATE

Careers Corner

With Frank Park, Careers Education

It has been very busy setting up Work Experience Placements with the Year 10 students.

We also recently had a presentation for the Year 10 Cohort, from Chris and Donna from Spence Construction. They both spoke about their business and the opportunities that lie within their business to provide opportunities to people in the Colac Community. They also spoke about their career pathways and how they have ended up in their current roles.

Sandi Darwin from Colac Area Health and the nurse with our 'Doctors in Schools Program' also spoke about the role she plays and how she became trained in her area of expertise and the services she provides.

Really looking forward to visiting our students during their work placements in Week 5, May 17 - 21.



DOCTORS IN SECONDARY SCHOOLS PROGRAM

Do you need your child to be seen by a doctor?

BUT

You are time poor.

REMEMBER

Your child has access to Dr Zoe Barren onsite at Colac Secondary College, Thursday every week.

Parents can also attend appointments with their child.

APPOINTMENTS CAN BE MADE VIA:

Email Address: medicalclinic@colac-sc-vic.edu.au

Phone: The College Wellbeing Team for appointments on 5231 9800

Drop in – for students

Between breaks

11.00am – 11.15am

12.15pm -1.00pm

2.00pm - 2.15pm



If you would like any further information, please contact our Nurse - Sandy Darwin through Colac Secondary College 5231 9800

Top 10 Cyber Safety Tips

By eSmart in News

1. **Use tech to make life better**

We can use technology to learn things, create things, connect with friends and family, reach out to people who are having a hard time, enjoy great entertainment, and even boost our fitness and mental health. Or we can use technology to make ourselves and other people feel lousy. Which would you rather do?

2. **Keep your balance**

Technology is incredible. Gaming, networking, apps ... online shopping! But relying too much on tech can mess with your sleep and make you feel exhausted, stressed or lonely. Make time for the other things that matter to you: family meals, playing with pets, kicking a ball around, reading, cooking, art or just sitting out in the sunshine.

3. **Boundaries, people**

Sure, you're fascinating, but you don't need the world watching your every move. Regularly check your privacy settings on apps and social media, and make sure people can't track your location. Don't share passwords (no, not even with your best friend), and always think before you post. Photos that show your school uniform or the outside of your house might make you a little too easy to find.

4. **Respect others**

Before taking and sharing photos or videos of other people, always ask first if it's OK with them. And before you talk about someone online, stop to think: how might this make them feel? It's not all about you, amiright?

5. **Keep everything updated**

Any idea what causes the most security breaches on the internet? Software that isn't up-to-date. Seems crazy simple, but it's true! Be vigilant about updating software, including apps, anti-virus and even the humble browser.

6. **Spam, Spam, Spam, Spammidy-spam**

Even with the best anti-spam and malware software – that's up-to-date – spam is the modern version of junk mail. It's everywhere! Beware of emails and messages from people you don't know, especially if they are misspelled, say weird things, or urge you to click on hyperlinks or open files.

7. **Keep your cool**

When someone's behaving badly online, the temptation is to shoot back something equally harsh – but is that really how you want to spend your time? If it's an annoying one-off, you might decide to let it go and do something fun instead. But if someone's behaviour online is making you scared, anxious or miserable, it's time to talk to someone you trust and block or report whoever is bothering you.

8. **Keep your friends close and strangers at arm's length**

Do you know how many true friends most people have? Three. Yup, those four thousand and fifty-two social media 'friends' are a combination of acquaintances, people-you-met-once, people-you-can't-remember-meeting-once and, probably, some 'randoms'. How much do you want them to know about you? And if someone you don't know contacts you asking for photos, videos or personal info, or if they ask you to meet them in private or keep your conversations a secret – red flag! Tell a trusted adult straight away.

9. **Be the hero**

Have you seen someone being bullied or treated badly online? You have a chance to change the story. Think about reaching out to them and saying something kind and supportive, reminding them that they deserve to be treated with respect, and encouraging them to report abusive behaviour to the website, the [eSafety Commissioner](#), or a caring adult.

10. **Ask for help if you need it**

Online dramas getting you down? Talk to someone you trust, like a friend, family member, teacher or mentor. Abusive behaviour online can also be reported to the eSafety Commissioner. And remember: you can chat for free to counselors at [Kids Helpline](#), [ehelpspace](#), [Beyond Blue](#) or [Lifeline](#). They are open 24/7 and offer web and text counselling, as well as over the phone.



Your Digital Reputation

Our 'social media self' has become a big part of our daily life. Your digital reputation is the digital footprint created by all the things you say and do online, as well as what others post about you. Anyone can google your name or check out your social media accounts, including potential employers, universities etc. It is worthwhile to have a think about whether your digital footprint reflects who you are in 'real' life.

Your digital reputation can affect your friendships, relationships and your job prospects for the rest of your life, so it's very important that you are careful about the picture you paint of yourself online. Once something is online it can be very difficult to remove and can be easily and quickly shared. As the saying goes, if in doubt, don't post it!

More information, tips and advice can be found at:

<https://www.esafety.gov.au/>

10 THINGS TO KNOW ABOUT DIGITAL FOOTPRINTS

- 1 When you search and interact online, a **trail of info** is left behind.
- 2 Elements of your digital footprints can be **searched or shared**.
- 3 Digital footprints can be **helpful or harmful** to your reputation both now and in the future.
- 4 Once online, things can exist **forever** (even if deleted).
- 5 Always **think** before you post online.
- 6 Personal information or opinions sent to one person can be **shared** with a larger audience.
- 7 **Googling yourself** can be a worthwhile exercise.
- 8 Old or inactive accounts should be **disabled or deleted**.
- 9 Keep personal details private and control the **privacy settings** on your accounts.
- 10 Be mindful of the digital footprints of **others** (e.g. Ask before tagging photos).

@kathleen_morris



kathleenamorris.com



supporting young people during COVID-19

headspace Geelong in partnership with headspace National, are hosting a webinar for parents and carers of young people to support their mental health through COVID-19.

Information presented will:

- Strengthen your understanding of mental health and mental health literacy.
- Build skills and strategies to support the mental health and wellbeing of your young person, including their transition to work and study.
- Build awareness of local, state and national supports available to young people.
- Showcase local headspace centre community resources.

The webinar will consist of a presentation on youth mental health, followed by a panel with guest speakers.

When

Wednesday 26th May 2021
7pm – 8.15pm AEDT

How do I register?

Click [here](#) to register via Eventbrite, or type the URL below into your web browser:

<https://www.eventbrite.com.au/e/geelong-covid-19-parent-and-carer-webinar-supporting-young-people-registration-133809593095>

After you have registered, you will receive an email confirmation from Eventbrite which will include the Zoom meeting link to access the webinar.

Contact

For more information email: headspaceSchools@headspace.org.au