COLAC SECONDARY COLLEGE

HEALTH

Duration: Semester Unit

DESCRIPTION

The Health (It's all about me) is a new course for 2022. It is designed to give students an understanding of all dimensions of health (Physical, Social, Mental, Emotional and Spiritual) and how it effects individuals and communities. The course provides students with the knowledge and skills to be proactive with their own and others health, as well as explore the services and community initiatives in the health space.

Students will look at individuals', families and communities. They will cover topics such as; identity and gender specific education, sexual health, consent, nutrition, preventative health, alcohol and drug education, pregnancy, growth and development stages, mental and emotional health.

It presents opportunities for students to apply their value systems to decisions concerning health, through a variety of topics for ultimate student engagement.

VICTORIAN CURRICULUM FOCUS

Evaluate factors that shape identities, and analyse how individuals impact the identities of others (VCHPEP143)
Plan, rehearse and evaluate options (including CPR and first aid) for managing situations where their own or others' health, safety and wellbeing may be at risk (VCHPEP144)
Identify and critique the accessibility and effectiveness of support services based in the community that impact on the ability to make healthy and safe choices (VCHPEP145)
Evaluate situations and propose appropriate emotional responses and then reflect on possible outcomes of different responses to health and wellbeing (VCHPEP147)
Plan, implement and critique strategies to enhance the health, safety and wellbeing of their communities (VCHPEP149)

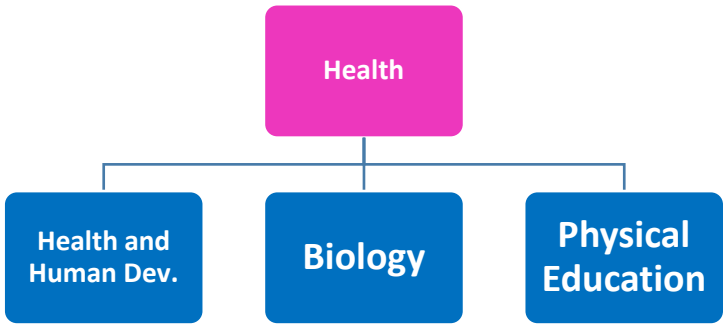
SUBJECT REQUIREMENTS

Folder/workbook

iPad/Laptop

POTENTIAL PATHWAYS

(Subject to course availability)



YEAR 10

VCE /VCAL / VET

FURTHER STUDY/ POSSIBLE CAREERS