Newsletter



Friday October 22, 2021

Key Dates

- Tuesday October 26
 Yr 7 Immunisations
- Wednesday Oct 27 Yr 12 Exams commence
- Tuesday November 2
 Melb Cup Holiday
- Friday November 12
 Year 10 /11 Last day
 of classes
- November 15 19
 Year 10 / 11 Exams
- Nov 22 –Dec 3
 VCE Early Start

ABSENCE LINE

5231 9888



Colac Secondary
College acknowledges
the Traditional Owners
of Gulidjan Country,
where we learn and
teach.

The school pays respect to their Elders - past, present and emerging.

Principal's Report

Return to onsite Learning....again!

It's with great enthusiasm that we will be welcoming all students at every year level back to onsite learning from Friday 22nd of October!

Our initial focus once again will be to support our students to refamiliarise themselves with the day-to-day procedures of the college, while also helping them to tune back in to classroom expectations and learning programs.

COVID-19 reminders

While in many ways we are transitioning back to business as usual, the Victorian Community is still in a rather precarious position with regard to the ongoing challenges of COVID-19. With this in mind, we ask all parents and carers to remind your children of the following important points:

Face masks are compulsory at all times (unless evidence of a medical exemption is provided to the college admin office)

- Students should practice sound hygiene including washing hands with soap regularly throughout the day
- Using hand sanitiser when it is available in classrooms
- Keeping all areas of the college clean
- Keeping classroom doors and windows open for increased airflow
- Following all teachers' clear and reasonable instructions at all times

Uniform

As we enter the warmer months, it's important that parents and carers please support your children to have the correct uniform items. We have an extensive range of uniform options for students at CSC and we are happy for our students to choose which uniform items they feel most comfortable wearing.

It is very important that all students present every day in full school uniform. We cannot accept students wearing non-CSC uniform items such as t-shirts, hoodies, leggings, track pants, etc. Like every school in Victoria, we have a uniform and it is a requirement that students wear it.

Wearing a uniform to school each day supports students to be able to transition into work environments where they will be expected to either wear a uniform or dress appropriately for their job. Students who do not comply with our uniform policy can expect to be spending recess and lunchtimes in detention.

To purchase uniform we have an online ordering option - https://colac-sc.vic.edu.au/uniformshop

Mobile Phones

A reminder to all community members that there is a state-wide ban on students using mobile phones at school. Too often phones are a distraction from learning and may be used for inappropriate reasons.

We ask all parents and carers to please remind your children of the state-wide ban on phones in schools and to support our phone policy, including short term confiscation for students who do not heed the warnings.

Principal's Report Continued

Behavioural Expectations

In my short time as Principal of CSC, I've been incredibly impressed by the overwhelmingly positive behaviour of our students. I enjoy walking around our campus during class time and seeing a calm and orderly learning environment where students are engaged in learning, being respectful of their peers and staff members.

We know that after the constant disruptions to onsite learning, a very small number of students may have challenges transitioning back to classrooms and the school yard environment. With this in mind, teachers and year level managers will be speaking with all students to reset clear behavioural expectations to ensure all members of our school community can enjoy a safe and respectful learning environment and finish the year well!

Thank you for supporting our students and the college as we navigate these challenging times together.

Take care. Shane Elevato Executive Principal.

Year 10 Science

Last week a group of Year 10 Science students stepped away from Remote Learning to participate in a virtual work experience program offered by GTAC.

Students took part in a home digital research opportunity within the biomedical research field. They learnt and applied biological modelling software, utilising public databases to answer their own research question. Students had the opportunity to meet scientists from Melbourne's biomedical research community.



Defying the Drift Rotary Agricultural Scholarships



Defying the drift is an annual three-day agricultural camp available to senior secondary students around Victoria considering a career in agriculture and related industries.

Defying the Drift is sponsored by Rotary Victoria, and run on campus at respected Victorian tertiary rural colleges. In 2021, the program will be held at Longerenong College, near Horsham in December.

Students studying agricultural studies in Year 10 and 11 are encouraged to apply, and go through the interview process for final selection.

Colac Secondary College would like to congratulate Eloise Murnane in Year 10, and Haylee Norman, Abbey Day and Kiara Mason in Year 11 for their

successful application into this program!

We would also like to thank the Rotary Club of Colac, and the Rotary Club of Colac West for their ongoing support and sponsorship.

Caitlin Harris
Agriculture and Horticulture Teacher





Year 9 Journalism Class

Please enjoy reading the latest contributions from our Journalism students.

Reflections on Remote Learning

During lockdown, there were a lot of advantages and disadvantages. A few advantages were being able to be on my phone, doing school in bed and having power to change your schedule around and being able to work around my naps, going places and doing other things. A few things I did to be able to survive and not go insane is going on walks with my friends, going to the pool and working out.

In lockdown to occupy ourselves we did remote school throughout the day. We watched Netflix, YouTube and went on social media to stay connected with our friends and family. Some positives of lockdown were sleeping in, being allowed on our phone all day, having an open pantry and watching Netflix while completing school work. There was no time limit and we could do it at our own pace. The negatives of lockdown were not being able to see friends, not being allowed out in the community to shops and public places.

My time during lockdown

- I struggled to find motivation to do the school work.
- It was hard to keep up with the work because sometimes there was too much to catch up on.
- It was good that I could sleep in much later than normal.
- I couldn't get very much exercise.
- It was quick and easy to get bored.
- It was hard to catch up with friends.
- Instead of having designated breaks, I could eat when I was hungry since the fridge was so close.
- The internet was not always reliable and so sometimes I wouldn't be able to get into the Teams meetings.
- I was generally lethargic and didn't have energy to do normal activities.
- I got to spend more quality time with my family.

By Lilly Gorman

Students are eager to see their friends face to face with on-site learning commencing in staggered times for different year levels. Everyone is looking forward to catching up with other students and teachers and looking forward to having people to communicate with and socialise with. Mask wearing is compulsory and tables have been spaced apart to ensure students stay safe. Many students have struggled during lockdown and home schooling and many have thrived , everyone has had different experiences I believe on-site learning will benefit each and every student in their own way. I have personally had a positive experience with lockdown and I am lucky to have not struggled with home learning. Of course waking up to do your work in class is annoying as well as the internet constantly lagging but there are many positives to think of, I mean who doesn't want to wear casual clothes or even pjs all day! And who doesn't want to have free time between classes to do as you please.

By Mia Anderson

What helped me through lockdown

Who would have thought lockdown would've provided the opportunity to test run different varieties of snacks for lunch. For each and every journalism class I've had a different snack each week. My favourite snack that I had was Mac & cheese. The snack had to be prepared, nevertheless I enjoyed bringing something new to every Journalism class.

By Neelufa Ali



Year 9 Journalism Class

Pets in lockdown



In lockdown I hatched baby chickens from an incubator. They were so adorable, and were extremely fluffy. Although they were a bit loud at times, I still held them during every break in between classes. They were a perfect distraction from the boredom of remote learning.

I had to try very hard not to let my cats get to the chickens and eat them, but they seemed very determined. The baby chickens were so relaxed when being held and sometimes fell asleep in my hands.

By Lilly Gorman

Great to be back onsite





Unusual Food Combinations

Some people enjoy very unusual food combinations.

Have you ever tried:

- chicken nuggets and soft serve ice cream
- saladas, vegemite and condensed milk
- apple on bread
- apple and salt
- custard and cornflakes
- noodles and tomato sauce
- pickles and ice cream
- vegemite on scones with cream
- vegemite and ice cream

By Leah Parsons





2022 Booklists

2022 Booklists and Parent Payments Requests will be posted to families in early November.

Sporting Pathway Program



The Sporting Pathway Program will recommence on Wednesday October 27 at 7.30am in the Recreation Centre.

Looking forward to seeing everyone back!

The Addams Family - Update

When we started to talk about and plan the musical production for 2021, we were confident the COVID-19 situation was over, we were in the clear and restrictions that were in place in 2020 were done and dusted.

How wrong were we!!

It has been a long road to get The Addams Family on stage, with restrictions, capacity limits, lockdowns and 2 postponements.

We are extremely pleased to announce that the show will go on!! (With restrictions)

The production team of Zoe Hudgell, Georgie Leersen, Kat Featherstone and Penny Serle have been incredibly busy, working overtime locking in dates and finalising how the show will look.

So here it is:

A 'mini' version of the show will go to stage. A mix n mash of musical numbers and dialogue. A slightly shorter version with loads of entertainment, music and singing with an upbeat vibe!!

Unfortunately, due to restrictions we will not be able to perform to an audience, which will sadly mean, our families, friends,

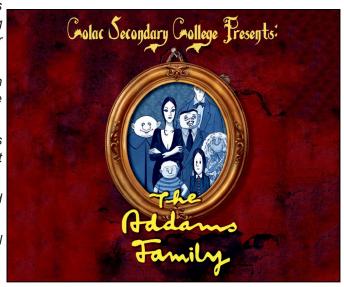
staff and sponsors will not get to enjoy and experience how this show will come together. Rest assured however we will be filming the show. This will give everyone the opportunity to watch in their own time. More info on the DVD's to come.

We would like to acknowledge and thank the cast and production team for their resilience and ability to change schedules/dates at the drop of a hat.

Also thanks to the school leadership team, CSC students, families and our sponsors for your ongoing support and encouragement during the year.

The Addams Family showcase (Mini version) is going to be epic and we cannot wait for everyone to see it!! **We are excited!!**

Kat Featherstone (Production Manager) and Penny Serle (Musical Director)



Year 12 Celebration Day













Year 8 Volcanoes

On Tuesday the students in 8B Humanities created their own volcanoes.

The students folded a paper volcano and then combined baking soda, vinegar and food colouring to create the lava flow.







Uniform Shop

Tuesday to Thursday 3.15pm – 4.00pm

by appointment only

• Friday 8.30am – 4.00pm (please ring in advance)

We encourage parents / guardians to use our online shop:

https://colac-sc.vic.edu.au/uniformshop

WELLBEING

Self-Compassion

Self-compassion involves acting the same way towards yourself when you are having a difficult time, fail at something or notice something that you don't like about yourself.

Many people are able to extend compassion toward others but find it difficult to extend the same compassion towards themselves. Self- compassion can help relieve many mental health concerns such as anxiety or insecurity.

We need to be kind to ourselves, even in the face of adversity.

The three main elements of Self-Compassion are:

- Self-kindness
- Common humanity
- Mindfulness

Benefits Of Self-Compassion

- It increases motivation
- It boosts happiness
- · It improves body image
- It enhances self-worth
- Tt fosters resilience.

TALK TO YOURSELF LIKE YOU WOULD SOMEONE YOU LOVE.

If you are in need of someone to talk to, for any reason...

- Headspace Geelong 5222 6690
- Lifeline 131114
- Grief Line 1300 845 745
- Kids Helpline 1800 551 800
- Beyond Blue 1300 224 636
- Barwon Health Mental Health Triage 1300 094 187
- 1800RESPECT 1800 737 732

Being Kind to others....



"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." Maya Angelou

Research has shown that being kind to other people actually increases your own happiness. Kindness influences a person's wellbeing and creates healthy relationships. Our brains receive an increase in serotonin when we are helpful and compassionate to others.

Uniform Donations

With Senior students fast approaching the end of their schooling for the year ... do you have any school uniforms that you are no longer needing?

CSC- Wellbeing Dept is very grateful to our generous families who donate their child's uniforms.

Uniform donations can be delivered to the Administration Office during business hours.

CSC ensures these are cleaned and passed on to families in need.

Thanks very much.













Trivia from the comfort of your lounge room!

OCR FM is bringing the trivia to your house for the night to help raise funds for Pink Up Colac. There will be some great prizes up for grabs so register to play as a Team (up to 6 people) or as an Individual.

Entry is \$8 per person (please have your Team name ready when you register).

Tune in to the special broadcast on OCR FM on Friday 29th of October from 8pm, and play along using the special login code for Crowdpurr that will be emailed to you from your ticket purchase.

Scan the QR code or head to <u>www.ocrfm.org.au</u> for ticketing details.



Careers Corner

With Frank Park. Careers Education

Year 12 VTAC Information

VCE Results

16 December 2021 at 7am

Change of Preference

Closes 20 December 2021

Offers

January Round Offers – 14 January 2022 February Offers – Commence from 1 February 2022

Also, students applying for courses that have extra requirements (i.e. submitting a folio, a pre-selection kit, arranging an interview, etc.) are reminded that failure to meet the deadline date for these means students may no longer be eligible for selection into their desired course.

www.vtac.edu.au

When will I receive an offer?

The first round of offers for current year 12 students is on January 14 2022.

Offers are emailed to applicants on the day of release and available in the VTAC account from 2pm the same day. To be considered for offers, you must pay your course application processing fee on time. All offer dates and payment deadlines are on the <u>Dates and fees page</u>.

January round 1 offers may also be published by newspapers (in print and/or online) with your permission. You give this permission either at the time of applying, or later in your VTAC user account. If you want to change your permission, see <u>Permission to publish offers</u>.

Check the VTAC website closer to the date to find out if newspapers are publishing offers.

WARNING

Verbal offers have no status. If you receive a verbal offer you should ask for the name of the person making the offer and contact VTAC immediately.

What if I don't receive an offer?

If you don't receive an offer, don't panic.

You may still be eligible for a supplementary offer. Alternatively, you can check out other courses listed with VTAC and change your preferences as many times as you like, at no additional cost, throughout January and February.

There are many ways to reach your study and career goals.

Many institutions offer pathways into courses as an alternative way to get into the course you want.

Note: If you didn't receive an offer and want to find out why, contact the institution directly to discuss this.

How the offer system works

<u>Selection</u> is the responsibility of each institution's course selection authorities. After the course selection authorities have considered your application, they will advise VTAC whether they wish to offer you a place in the course. VTAC advises you, via your VTAC account, of the highest offer on your preference list (if any).

Most course places are allocated in the first January offer round. In subsequent offer rounds, you will be considered for course preferences higher than any offer/s you have received in each round (if any). VTAC will again advise you of the highest offer made (if any).

For a detailed look into how the offers system works and answers to other common questions about course offers, go to the VTAC Website.

Note: If you do not pay your course application processing fee by the due date, your application will not be sent to the course selection authorities and you will not be considered for offers.

All offers are provisional

Any offer you receive is subject to you:

- · meeting eligibility requirements,
- having provided full and correct information on your VTAC application, and
- attending enrolment at the date and time specified in your offer message.

If you don't meet these requirements, your offer may lapse or be withdrawn.

How many offers?

You can receive a maximum of one offer per offer round.

If you do not receive any offers in any of the offer rounds you may be eligible for a supplementary offer if you have given VTAC permission to release your application information to courses with vacancies. See Change your permission to receive supplementary offers.

Changing your preferences

You can change your course preferences between offer rounds as many times as you choose. Before adding a preference, always check the selection criteria to ensure you have met all course requirements. For more information see Change your course preferences.

If you received an offer in one round, and wish to also be considered for courses lower on your preference list in future rounds, you can change your preferences by moving the course that you have been offered below any courses you would still like to be considered for by the relevant change of preference date. Note: Please only move the offered course to below courses you would genuinely consider (not to the lowest preference place).

It is a good idea to contact the individual Universities Help Hotlines for assistance if you are looking to change your preferences around and may need help with some pathway course guidance. These hotlines are fantastic and are there to support students throughout the entire Preference/Offer period.

Accepting an offer

Receiving an offer does not confirm your enrolment in the course. To secure your place, you must follow the enrolment instructions in your offer message in your VTAC Account. In some cases you may be required to attend enrolment in person on a specific date and time.

